

# PROGRAM INFORMATION

Revised January 2012



## Sex Behavior Treatment Programs

*This information is accurate as of the date indicated.  
A new update will be published in April of 2012, at which time this update will expire.*

Three facilities operate Residential Sex Behavior Treatment Programs in the Division of Juvenile Justice (DJJ). The locations are as follows:

<u>Facility</u>	<u>Location</u>	<u>Bed Capacity</u>
OH Close Youth Correctional Facility	Stockton	72
NA Chaderjian Youth Correctional Facility	Stockton	108

The Division of Juvenile Justice's Sex Behavior Treatment Programs (SBTP) are comprehensive programs to treat youth who sexually abuse and provides seamless delivery of services from custodial care to clinical services

### Placement Process

A statewide sex offender database is maintained by Division of Juvenile Justice (DJJ) headquarters staff. This list contains all youth committed to DJJ for either 1) a sex-related offense, 2) who have such an offense in their history, or 3) who have been identified as having treatment needs related sexual behavior exhibited or disclosed during their term in DJJ. In addition to basic identifying information, the list includes their risk assessment score, Offense Code, description of the offense and whether or not the Welfare and Institutions Code 727.6 applies. The DJJ utilizes the Juvenile Sexual Offender Recidivism Risk Assessment Tool – II (JSORRAT-II), a nationally validated and state-mandated instrument for youth under 18 and the Static- 99, a nationally validated and state-mandated instrument for youth 18 and older to establish the risk for recidivism and treatment need of youth. Implementation of these two instruments puts DJJ in compliance with Senate Bill 1253 as well as DJJ Reform mandates.

The DJJ also utilizes the Juvenile Sex Offender Assessment Protocol-II (JSOAP-II) for work with and to develop case plans for youth once placed into the SBTP. In addition the JSOAP-II will be used to help monitor a youth's progress, risks and needs as a youth moves through the program. In the near future the Division of Juvenile Justice will implement and utilize the Structured Risk Assessment-Forensic Version (SRA-FV), the State Authorized Risk Assessment Tool for Sex Offenders (SARATSO). The SRA-FV is for individuals over the age of eighteen as a dynamic risk assessment tool and will be utilized in the same fashion as the JSOAP-II.

Youth with mental health diagnoses or active symptoms that require a higher level of care may be placed into a residential Mental Health Program prior to the Sex Behavior Treatment Program (SBTP). Concurrent with the mental health treatment groups, these youth also receive SBTP treatment.

### Staffing:

The Sexual Behavior Treatment Program has the following staff assigned with a maximum of 36 youth per living unit: a Program Administrator, a Sr. Psychologist, a Supervising Casework Specialist/Treatment Team Supervisor, 2 Psychologists, a Senior Youth Counselor, 6 Youth Correctional Counselors, 2 Case Managers/Casework Specialist and a Youth Correctional Officer.

### Program Components:

**Orientation/Transition:** Youth identified as being in need of SBTP treatment are initially placed on the SBTP Orientation/Transition Unit. Upon arrival the youth will complete a Comprehensive SBTP assessment resulting in the development of the youth's initial Individualized Treatment Plan. Regularly, the Interdisciplinary Treatment Team discusses progress the youth has made in the SBTP Orientation/Transition unit as identified in the Individual Treatment Plan. Completion of the Orientation Phase of treatment is individualized. The youth's Individualized Treatment Plan



## Sex Behavior Treatment Programs

*This information is accurate as of the date indicated.*

*A new update will be published in April of 2012, at which time this update will expire.*

outlines treatment objectives that signify readiness to progress to a SBTP residential unit. The Orientation Phase is designed to be short-term, but actual length of stay will be individually determined based on treatment needs.

**Residential Treatment:** The SBTP is a therapeutic community living unit totally devoted to the comprehensive treatment of the resident sex offender.

- **Group Therapy:** Group therapy is often considered the primary mode of therapy for sexual behavior treatment. The purpose of group therapy is to explore the youth's daily living and interaction with others by challenging the youth to reframe how they think about their behavior, problems and relationships. Group is a process and is the avenue for deeper treatment issues to be explored.
- **Individual Therapy:** The goal of individual therapy is to support the work being done in the group setting. Allows staff to work with youth on individual problems or issues and to work more closely on problem areas. It also provides an avenue to develop a positive rapport between staff and youth, which is a key component to helping a youth move forward in the treatment process.
- **Psycho Educational Resource Groups:** These groups are used as an ancillary treatment strategy to help support, enhance the youth's daily work, and provide a foundation of understanding of treatment concepts that they will use to address their deeper treatment goals in core group. These groups are psycho-educational in nature and are presented in a didactic format.
- **Journals/Homework:** Individual work done outside of the therapeutic session (group, individual, family) that help youth to develop the capacity for self-awareness and self-reflection. These assignments can be maintained throughout the day or can be time-limited exercises. Assignments are designed to help the youth work on their individual treatment objective.
- **Therapeutic Recreation and Leisure Activities:** Therapeutic Recreation integrates program and treatment goals into recreational and leisure activities. These activities provide the arena to evaluate programmatic goals and objectives by encouraging, teaching and providing arenas to practice pro-social behavior and relationships. This allows the youth's time to be directed and monitored as he or she practices the implementation of coping skills.

**Healthy Living:** Healthy Living Treatment is a short-term psycho-education program designed to be the foundation for the SBTP, as well as provide treatment to those youth identified in the lowest risk category as well as youth who have no previous sexual behavior history, but have received documentation related to sexual behaviors. The Healthy Living Program provides didactic information/education and dynamic role-play opportunities, along with written and verbal exercises, to assist youth in reducing their risk of future sexual offenses.

---

### **Anticipated Enhancements Within the Next Year:**

The Sexual Behavior Task Force meets regularly and provides oversight to the SBTP units under the supervision of the SBTP Coordinator. As knowledge in the field of Sex Behavior Treatment grows, DJJ continues to make progress towards the establishment of interventions most appropriate for Juvenile offenders. With that, attention to a youth's *developmental stage* and *attachments* are being incorporated. Focus is moving towards the most *salient risks* as opposed to offense, age or static factors. The J-SOAP and the SRA-FV will move the Department toward the future of this fluid research. The SBTP Program Guide is reviewed yearly to adapt to the ever changing research. The SBTP curriculum revisions are underway and it is expected to be implemented in 2012.