

Casa Pacifica inspires hope and nurtures mental health and well-being of children, young adults, and families to realize their full potential.



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FACTS

- Drug use ↓ overdose mortality rates ↑*
- AMA recognized alcoholism as a disease in 1956
 - one body, one brain
 - training
 - funding
- The earlier a child first uses drugs, the likelier they are to become addicted**
- Screening & Intervention Saves Lives
 - Car, Relax, Alone, Forget, Friends, Trouble (CRAFT)***

* JAMA. 2022;327(14):1398-1400. doi:10.1001/jama.2022.2847

**NIDA. (2015, January 27). Brain in Progress: Why Teens Can't Always Resist Temptation. Retrieved from <https://archives.drugabuse.gov/about-nida/noras-blog/2015/01/brain-in-progress-why-teens-cant-always-resist-temptation> on 2022, May 12

***Knight JR, Sherritt L, Shrier LA, Harris SK, Chang G (2002) Validity of the CRAFT substance abuse screening test among general adolescent clinic patients. Arch Pediatr Adolesc Med 156:607-614

2

What works at Casa Pacifica

Role Modeling

AA, Al Anon (Social Interactions)

Dialectical Behavior Therapy

Families Engaging Activities Together

Peer to Peer

3

Questions & Discussion



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